

# ADULT DAY SERVICES

## SAMPLE ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
1 Morning Highlights Sign Language Win the Lotto Craft Dawn	2 Manicures Eras in Art Bible Study Dance Party	3 Morning Exercise Folk Music with Bill Bio: Lawrence Welk Watercoloring	4 Generational Music "Visit to Disney" Zentangles Cornhole	5 Morning Highlights Manicures Veterans' Meeting Trivial Pursuits
8 Exercise Group Jeopardy Birdwatching Rainbow Collaging	9 Show & Tell Visit w/ Art Museum - "Connections" El Nino Basketball	10 Morning Highlights BINGO Family Fued Art Style: Keith Haring	11 Red Hats Club Jazz Performance Mindfulness Craft Dawn	12 Chair Yoga Hand Massages BINGO Afternoon Matinee
15 Veterans' Meeting Sign Language Jeopardy Button Flowers	16 Bible Study Manicures Fingerprint Science Simon & Garfunkle	17 Morning Highlights Folk Music with Bill Dance Party w/ Ron BINGO	18 Exercise Group Guided Meditation "How Its Made" Ladderball	19 Morning Highlights Manicures BINGO Craft Corner
22 Morning Highlights Innovative Inventions Potent Potables Abstract Yarn Art	23 Exercise Natural Remedies Stamp/Coin Collecting Crafting Corner	24 Morning Highlights Chair Yoga Pik n' Sing w/ Richard BINGO	25 Exercise Group Hand Massages Slang Savvy Weaving Club	26 Morning Highlights Brain Strainers Afternoon Matinee Bowling
29 Exercise Group Jeopardy Famous Advertising Weaving Club	30 Manicures Karaoke Chair Yoga Brain Strainers	<p><b>DAILY SCHEDULE:</b></p> <p><b>Cafe Hours:</b> Breakfast: 8:30 - 9:30a Lunch: 12:00 - 1:00p Snack: 3:00 - 3:30p</p> <p><b>Therapy Dog Visits:</b> Mondays: Luna at 10:30a Fridays: Ivan at 11:00a</p>		

